

It's a Miracle!  
Lifesaving Drama

Legend of the Oriental  
Flying Dutchman

Almond Joy Latte?  
This Cup's a Keeper

Hollywood Loves Kern  
PT. II: Wild, Wild Westerns

VOL. 29 NO. 5

YOUR CITY. YOUR LIFE. YOUR MAGAZINE.

HEALTH 2012

\$3.95

# Bakersfield

where  
to **Eat**  
**Cheap!**

OVER **50** LOCAL  
RESTAURANTS  
TO DINE  
ON A DIME



15th Annual  
Presentation

**Kern** pg.73  
**Health**



BakersfieldMagazine.net



Presented By



**Dignity Health**  
Mercy & Memorial Hospitals





# Monterey

**HOSE FROM BAKERSFIELD** are aware of just how much John Steinbeck's novel *The Grapes of Wrath* influenced our community in the years since its publication. But there's another place in California that has benefitted from being referenced in a Steinbeck novel: **Cannery Row** in Monterey.

The story depicts the rough life for those who worked at the fish canneries (canning mostly sardines) along the coast before the Great Depression, but the real life history of Cannery Row is as dramatic and fascinating as any novel could hope to be.

It was in the late 1850s that the area was settled by Chinese salmon fisherman and, later, Portuguese shore-whalers inhabited the Bay in the 1880s. Around this same time, the railroad arrived in the area, bringing with it tourism and immigration. The Monterey Bay fishing industry would continue growing well into the 1900s. The first cannery was built near **Old Fisher-**

**man's Wharf** by Frank Booth at the turn of the century, but it wouldn't take long before Ocean View Avenue would become home to a number of fish canneries, giving it the nickname "Cannery Row."

The area was bustling throughout the

first two decades of the 20th Century, but when the stock market crashed and the country was thrust into the Great Depression, the canneries suffered. A revival in industry would come with World War II, but shortly after, it was discovered that the sardines had left the area, and Cannery Row became a ghost town—for just a short time. Steinbeck's *Cannery Row* was published in 1945 and interest in the area increased dramatically. Still, it would take a few decades for Ted Balestreri and Bert Cutino, two Monterey restaurant managers with strong familial connections to the fishing industry, to reinvent Cannery Row by first opening the **Sardine Factory Restaurant**, an elegant eatery on the "wrong side of the tracks," in 1968, and then founding Cannery Row Company in 1976 and transforming the once decrepit canneries into a peaceful and inviting waterfront location. No longer would the area be a reminder





## Great Getaways

of harsh economic times—it would pay tribute to the fishermen who worked long hours and in harsh conditions and to the town of Monterey as a whole.

If you haven't had the chance to visit, there's no time like the present. The drive takes just a little over four hours from Bakersfield, but this is not a hotspot to rush through. Cannery Row offers the perfect weekend getaway with adorable inns, fantastic restaurants, exciting entertainment, and beautiful scenery.

### Where to Stay

Cannery Row's numerous oceanfront hotels have a combined 700+ guestrooms so you'll always have an incredible view from your hotel room. Whether you want four-star accommodations or would rather stay in a small inn, there are overnight options for everyone. First, there's the **Monterey Plaza Hotel & Spa**, which *Forbes Travel Guide* gives four stars. The hotel's Mediterranean-style ambiance, luxurious service and décor, and ocean-facing windows will make you swoon. Then there's the Spindrift Inn and the **Monterey Bay Inn**, both of which were included in top 10 lists of hotels con-



SARDINE FACTORY



AMERICAN TIN CANNERY

sidered to offer the most "romance" by TripAdvisor, and offer such amenities as feather beds, marble baths, and cozy atmospheres. Of course, if you're looking for something quaint, there's the **Victorian Inn**, a charming boutique hotel away from the main road that offers rooms with fireplaces and views of the Bay, in addition to providing wine and cheese receptions to guests.

### Grab a Bite

While seafood is a given, there's "a catch" in this area that sets it apart. Cannery Row restaurants pride themselves on utilizing fresh, local produce in addition to sustainable seafood items. There are tons of dining options for every palate—everything from award-winning fine dining establishments to casual restaurants and cafés that line the historic streets and waterfront.

Cannery Row's most famous restaurant is the Sardine Factory,

# OXNARD



HARBOR ADVENTURES | WINE TASTING | ISLAND EXCURSIONS | FESTIVALS

Beautiful beaches, waterfront adventure, Channel Islands National Park boat excursions, fine dining, wine tasting, fabulous festivals, and more! A great beach-town getaway, just two hours from Bakersfield.

Don't miss Oxnard International Restaurant Week, January 21-31, 2013 and  
Whale Watching Season begins in January!



VisitOxnard.com • 800-269-6273



known all over for its lavish décor and interesting menu. It's also regarded as a favorite place for a "date night." Why? The Sardine Factory's homemade desserts, live piano music, specialty cocktails, and easy-to-share tapas provide romance and a decadent dining experience.

For something a little more "sea-worthy," you can head to **Schooners Coastal Kitchen & Bar** at the Monterey Plaza Hotel & Spa, which offers fresh fare in a unique indoor/outdoor dining environment outfitted in nautical décor. The restaurant has a heated outdoor terrace which makes year-round "al fresco" dining comfortable while you enjoy contemporary American cuisine.

Don't miss the **Cannery Row Brewing Company**, a popular eatery housed in a renovated historic building known for delicious burgers and over 70 beers on tap! The restaurant is owned by David Bernahl and Rob Weakley, the founders of the **Pebble Beach Food & Wine event**, so you can rest assured that these fellows know their stuff. It's a great spot for lunch or dinner.

If you're just looking for a quick bite, stop by Louie Linguini's Seafood Shack for items the whole family can munch on.

For a fun night out, try **Blue in Café and Billiards**, which features 11 tournament pool tables, a full bar, dance club, and full-service dining, all overlooking the Bay.



Z FOLIO GALLERY

### Now that's Entertainment

But it can't all be eating and sleeping, can it? Thousands of visitors each year visit Monterey for the plethora of exciting activities and hotspots. For example, you can **stroll the beaches**; **bike along the Coastal Recreation Trail**, which follows a 17-mile drive north to Castroville; **kayak off McAbee Beach**; or **scuba dive in the Monterey Bay National Marine Sanctuary**. But if you'd rather see what is around you on foot, check out the **Spirit of Monterey Wax Museum**; have your fortune told by Mrs. Laurie, a palm and card reader; visit the **Monterey Bay Aquarium** to discover what ocean life is like; get an old-timey family portrait taken at **Doc Wenzel's**; mini golf at **Ocean's 18 Black Light Miniature Golf**...that's just the beginning.

For the shopper in all of us, there are plenty of antique stores, fashion boutiques, specialty candy and food stores, not to mention art galleries. Eleven galleries along Cannery Row display the works of both local and national artists, including prints, paintings, glasswork, sculptures, and other collectable pieces. Specializing in Czech art glass, handmade designer jewelry from the United States, Spain, and Australia and giclee large format nature photography, **Z Folio Gallery**, one of Cannery Row's most popular galleries, features the works of one of the most respected glass artist of all time, Mr. Bohumil Elias, and his son, Bohumil Elias Jr.

There are so many adventures to be had for couples, friends, and families, alike, that you won't want to leave. If you'd like more information on this lovely locale, visit [CanneryRow.com](http://CanneryRow.com) or call (831) 372-2259 to start planning your visit today. ❖

## Wigley Real Estate Professionals



Dre. Lic. #01766835

*Our family serving your family.*



Call for your complimentary analysis and professional staging of your home



*Featured Home of the Month  
Grand Island*

Denise: 661-978-4101  
Denise@wigleyteam.com  
Kyle: 661-330-9863  
Kyle@wigleyteam.com  
[www.WigleyTeam.com](http://www.WigleyTeam.com)

## Kern County's Oldest Steel Company



- Steel Service Center
- Vineyard & Orchard Supplies
- New & Used Pipe
- Livestock Equipment
- Agricultural & Iron Fencing

Authorized Dealer of  
**POWDER RIVER**

**JSC**  
Jim's Supply Co., Inc.

661.324.6514  
3530 BUCK OWENS BLVD.  
[WWW.JIMSSUPPLY.COM](http://WWW.JIMSSUPPLY.COM)